

TOPSPIN VOLLEYBALL

UPDATED COVID-19 INDOOR VOLLEYBALL POLICIES & GUIDELINES

Every player participating in our 2021/2022 Indoor Volleyball League must adhere to the following policies and guidelines. Any player not following our policies and guidelines will be asked to leave the league. Topspin has created these policies and guidelines to ensure the health and safety of all our players and to comply with Provincial health orders, regulations, and requirements.

We want our players to have fun and feel safe while playing in our league.

THE RULES:

- Masks must be worn at all times when entering and leaving the gym, and when not playing on the court.
- All players must have their BC Vaccine Card (either digital copy or paper copy) and valid government issued ID to show the gym organizer when arriving for league play. If you don't have your BC Vaccine Card, you will not be permitted to play - No exceptions.
- Every player participating in our leagues will be required to review and sign the Topspin Volleyball Participant Agreement. Name and phone number is required.
- A player is not permitted to participate in the league if the player is experiencing any COVID-19 symptoms such as coughing, fever, sneezing, body aches, or headache, or if the player has travelled outside of Canada in the past fourteen (14) days.
- Maintain the minimum distance of two (2) meters/six (6) feet from other players when arriving to and leaving the gym, and while waiting for your allocated time for league play.
- Sanitize your hands by washing with soap or using hand sanitizer before playing in the league.
- Do not touch your eyes, nose, or mouth. Sneeze and/or cough into your elbow and not in to your hands.
- Friends or family members who are not registered on a team for the Topspin Volleyball indoor league are not permitted to watch you play in the gym location. Non-registered players or spectators will be asked to leave the gym and wait outside.
- If a player is not able to play on your team for a given night and you want to bring a sub, the team captain MUST notify a Topspin Organizer when arriving at the field and prior to playing. The sub will be required to sign the Participant Agreement and must review these rules of Indoor Volleyball league play. The sub must also provide proof of vaccination (digital or paper copy) and government issued ID.
- You will be required to bring your own water bottle. Water will not be provided by Topspin Volleyball or the gym facility for the indoor season.

- Do not shake hands or hi-5 with other players. Shaking hands or hi-5s with your own team members will be at your own discretion. At the end of a match, simply say “good game”.
- If a ball enters your court, gently kick the ball back to the correct court.
- Blocking is permitted. Front row players may attack the ball at the net.
- If a player on a team has played on a league night and later tests positive for COVID-19, the entire team may be required to self-isolate for fourteen (14) days, at the sole discretion of Topspin Volleyball.
- Please remember to collect all your belongings. Topspin Volleyball will not collect any items left in the gym.
- Any abuse of the Topspin Volleyball policies, guidelines and/or rules, or any physical or verbal abuse towards any Topspin Volleyball organizer may result in the suspension of your participation in the league at the sole discretion of Topspin Volleyball.
- The above rules are in addition to Topspin Volleyball’s standard indoor rules.

If you have any questions or would like clarification regarding the above rules, please contact us.